



EMPLOYMENT FOCUSED COUNSELLING MULTIPLE LANGUAGES LINE

Pure Insights offer 6 x one to one confidential sessions to Participants who are looking for some additional support in managing their wellbeing, overcoming barriers to employment and progressing towards their goals. These sessions can be offered in the following languages for clients with ESOL needs:

- Urdu
- Punjabi
- Farsi
- Dari
- Hindi
- Arabic
- Bengali
- Mandarin
- Spanish
- Korean
- Italian
- Javenese
- Vietnamese
- Greek
- Afgani

Our counselors offer support, tools, and strategies to help overcome the following barriers::

- Anxiety and depression
- Stress
- Low confidence
- Low motivation
- Coping with change
- Impacts of long term unemployment
- Trauma
- Health concerns
- Relationship issues
- Bereavement

**Contact us at info@pureinsights.com.au
for more information**